Chö.

Cho Israel Yel Chukné ten

Yel Chukné jampa wu Yin ,

pa wu Cho, pa wu Ñá.

Ha Kere.

Sawai kere Yel chen sapala Yel kon yuan

Ma Rey Yel chen amalah kon chen sum

ñá xo (X2).

Yel Lokita.

Yel lokita torma yidam

opame yerpa yin kel Yel ña truk

Sakya shigat dun panchen china yin

Pala yidam cho dianshe.